

U6 RULES

Our U6 program has been changed to follow the recommendations of US Soccer. The objective is to encourage a lot of touches on the ball in a positive, developmental environment. Please encourage all coaches and parents to cheer for all players! The priority here is Development & Fun, not the score!

-No scores or standings are recorded.

-Size 3 ball.

-No slide tackles, no headers, no offside.

-Match length: 4 – 10 minute quarters.

-5v5, 1 coach per team allowed on field to coach and referee.

-Kickoffs after goals scored.

-Corner kicks and played like real soccer.

-Goal kicks can be taken from box in front of goal OR anywhere along goal-line.

-Players should be reminded regularly to stay out of the box during play of game. There is no penalty for players (attackers or defenders) being in box during flow of play.

-All kicks are indirect (ball must be touched by a second player on restarts such as free kicks, kickoffs, corner kicks, kick ins). On all these restarts, players should be approximately 4 yards from ball.

-Throw-ins in general should not be used and players should use kick-ins instead. BUT as this age is refereed by the coaches, both coaches can agree to let the players use throw-ins.

-Goals scored must be shot from the attacking half of field. Balls off the foot or leg of an attacker in the attacking half will be considered a shot BUT this is at the discretion of the coaches. Remember no scores are recorded!