

U8 RULES

Our U8 program has been changed to follow the recommendations of US Soccer. The objective is to encourage a lot of touches on the ball in a positive, developmental environment. Please encourage all coaches and parents to cheer for all players! The priority here is Development & Fun, not the score!

-No scores or standings are recorded.

-Size 3 Ball.

-No slide tackles, no headers, no offside.

-5v5. Match length: 4 – 12 minute quarters.

-U8 will have 1 referee per game.

-Kickoffs after goals scored.

-Corner kicks and throw-ins played like real soccer.

-Goal kicks can be taken from box in front of goal OR anywhere along goal-line.

-Players should be reminded regularly to stay out of the box during play of game. There is no penalty for players (attackers or defenders) being in box during flow of play.

-All kicks are indirect (ball must be touched by a second player on restarts such as free kicks, kickoffs, corner kicks, kick ins). On all these restarts, players should be approximately 4 yards from ball.

-Throw-ins will be used but throw-in rules will hopefully be minimally enforced by the referee. BUT that is to the discretion of the referee!

-Goals scored must be shot from the attacking half of field. Balls off the foot or leg of an attacker in the attacking half will be considered a shot BUT this is at the discretion of the referee. Remember no scores are recorded!