# SOCCER POSITIONS

#### 1. GOALKEEPER

- THE MOST DEFENSIVE POSITION IN SOCCER
- . MAIN JOB TO STOP OPPOSITION GOALS
- ALSO ORGANIZES THE DEFENSE AND BUILDS PLAY FROM THE BACK
- WEARS GLOVES, AND A DIFFERENT COLOURED JERSEY FROM TEAMMATES
- ONLY PLAYER WHO CAN USE THEIR HANDS IN THEIR 18-YARD BOX (APART FROM THROW-INS!)

## 2, FULL-BACK

- · LINES UP EITHER SIDE OF THE DEFENSE
- MARKS OPPOSITION WINGERS
- PROVIDES SUPPORT FOR THE WIDE MIDFIELDER AHEAD OF THEM
- MAY OVERLAP AND SEND CROSSES INTO THE OPPOSITION BOX
- OFTEN TAKES THROW-INS

#### 3. WING-BACK

- MODERN VARIATION OF THE FULL-BACK
- OVERLAPS AND SENDS CROSSES INTO THE OPPOSITION BOX
- STILL MARKS OPPOSITION WINGERS WHEN NEEDED
- EXPECTED TO STAY ON THEIR TOUCHLINE
- ONE OF THE MOST PHYSICALLY DEMANDING POSITIONS

# Y. CENTER-BACK (STOPPER)

- SHUTS DOWN OPPOSITION ATTACKERS
- MAY EMPLOY ZONAL OR MAN-MARKING STRATEGIES

- BRINGS THE BALL OUT FROM THE BACK
- OFTEN TALL AND PHYSICALLY STRONG
- Bravery and heading ability desirable, for use in either

  BOX
- 5. CENTER-BACK (SWEEPER)
  - A SAFETY NET FOR THE STOPPER(S) ALONGSIDE THEM
  - RACES TO COVER GAPS WHEN DEFENSE IS BREACHED
  - · LESS CONCERNED WITH MAN-MARKING
  - . READS THE GAME FROM DEEP
  - Joins midfield build-up when in possession
- 6. CENTER-BACK (QUARTERBACK)
  - SAME, CENTRAL DEFENSIVE POSITION AS THE STOPPER
  - · ALSO MORE LIKELY TO BE USED IN A BACK THREE
  - · KEEPING THE BALL AS IMPORTANT AS WINNING IT BACK
  - · CONFIDENT IN POSSESSION
  - GREATER ONUS ON LONG. ACCURATE PASSES
- 7. DEFENSIVE MIDFIELDER (BALL-WINNER)
  - . SITS IN FRONT OF THE DEFENSE
  - WINS THE BALL BACK WITH TACKLES AND INTERCEPTIONS
  - COVERS TEAMMATES WHEN THEY GO FORWARD
  - HARRIES OPPOSITION ATTACKERS
  - PHYSICALLY FIT AND TENACIOUS
- 8. DEFENSIVE MIDFIELDER (DEEP-LYING PLAYMAKER)
  - SITS IN FRONT OF THE DEFENSE
  - CREATIVE PLAYMAKER FROM DEEP
  - DISTRIBUTES TO TEAMMATES, NEAR AND FAR
  - SETS THE TEAM'S TEMPO

- CAPABLE OF TACKLING, THOUGH A SECONDARY TASK
- 9. BOX-TO-BOX MIDFIELDER OR MEZZALA
  - · LINES UP IN THE MIDDLE OF THE FIELD
  - EQUALLY ADEPT AT ATTACKING AND DEFENDING
  - . MAINTAINS PASSESSION
  - TRACKS BACK TO TACKLE AND BLOCK SHOTS
  - · BREAKS INTO THE OPPONENT'S BOX AND TRIES TO SCORE

# 10. WIDE MIDFIELDER

- · PROVIDES WIDTH IN MIDFIELD
- GIVES FULL-BACKS DEFENSIVE PROTECTION
- COMPRESSES PLAY IN OPPONENTS' HALF
- MAY CROSS FROM DEEPER POSITIONS THAN WINGERS
- . COMBINES SPEED AND STAMINA

## 11. ATTACKING MIDFIELDER

- DICTATES PLAY FROM BEHIND THE STRIKERS
- CREATES GOAL SCORING CHANCES FOR THE ATTACKERS
- . TECHNIQUE AND CREATIVITY CRUCIAL
- ABILITY TO SHOOT FROM RANGE AN ADVANTAGE
- HISTORICALLY ASSOCIATED WITH THE NO.10 JERSEY

#### 12 WINGER

- THE WIDEST ATTACKING PLAYER
- TAKES ON OPPOSITION DEFENDERS
- PROVIDES CROSSES INTO THE BOX
- MEETS CROSSES FROM THE OPPOSITE WING
- OFTEN THE FASTEST PLAYER ON THE FIELD

#### 13. FALSE 9

• STARTS UP FRONT NEAR THE OPPOSITION GOAL

- REPLACES THE TRADITIONAL STRIKER IN MOST FORMATIONS
- DRAPS DEEP TO PULL OPPOSITION DEFENDERS OUT OF POSITION
- OFTEN A CONVERTED MIDFIELDER
- DRIBBLES AND CREATES CHANCES

# 14. INVERTED WINGER OR RAUMDEUTER

- DRIFTS INTO AREA BETWEEN OPPOSITION MIDFIELD AND DEFENSE
- . STARTS FROM SIMILAR POSITION TO NO.10
- PROVIDES ASSISTS AND SCORES GOALS
- OFTEN SCORES FROM CLOSE RANGE
- ELUSIVE AND DIFFICULT TO MARK

#### 15. FORWARD

- PLAYS BETWEEN MIDFIELD AND ATTACK
- ASSISTS THE STRIKER IN SCORING GOALS
- . ELUSIVE AND DIFFICULT TO MARK
- MORE VERSATILE THAN THE TARGET-MAN
- VISION, TECHNICAL SKILL AND CREATIVITY

#### 16. STRIKER

- CLOSEST PLAYER TO THE OPPONENT'S GOAL
- RESPONSIBLE FOR SCORING GOALS
- HOLDS THE BALL UP UNTIL TEAMMATES CAN JOIN THE ATTACK
- HARRIES OPPOSITION DEFENDERS
- PHYSICALLY STRONG