

# U8 SOCCER DRILLS

1. TRIANGLE GOAL GAME
2. HOSPITAL TAG
3. DINOSAUR TAG
4. WIZARD DUEL
5. 101 DALMATIANS
6. DUCK TAILS
7. RACECARS
8. SHADOW DRIBBLING
9. MOVING GOAL
10. MOVING GOAL PAIRS
11. SHIELD-STEAL
12. TEAM SHIELD STEAL
13. 101 DALMATIANS
14. KNOCKOUT
15. TAG
16. TEAM TAG
17. GATES PASSING
18. GATES DRIBBLING
19. TEAM KNOCKOUT
20. YOU SHALL NOT PASS PASSING DRILL
21. GOALIE MOLEY FINISHING DRILL
22. THE FINAL BOSS
23. DOUBLE TROUBLE
24. IN THE ZONE

25. SHAKE IT OFF
26. 2V2 TO ENDLINES: DEFENDING
27. 2 VS. 2 TO ENDLINES ATTACKING
28. 2V2 TO 4 GOALS: DEFENDING
29. 2V2 TO 4 GOALS: ATTACKING
30. 2V2 TO SMALL GOALS: ATTACKING
31. 2 VS. 2 TO SMALL GOALS DEFENDING
32. 1V1 TO SMALL GOALS
33. 1V1 TO ENDLINES
34. 4 VS. 4 TO ENDLINES DEFENDING
35. 4V4 TO ENDLINES: ATTACKING
36. 4V2 KEEP AWAY
37. SCRIMMAGE